# FOODBORNE DISEASE OUTBREAK

#### I. IDENTIFICATION

- A. CLINICAL DESCRIPTION: Occurrence of illness within a usually short, but variable, period of time (from a few hours to a few weeks) after consumption, among individuals who have consumed common foods.
- B. REPORTING CRITERIA: Suspicion of a foodborne outbreak caused by toxins elaborated by bacterial growth in the food before consumption (e.g. *Staphyloccus aureus and Bacillus cereus*) or in the intestines (e.g. *Clostridium pergringens*); illnesses caused by bacterial infections with short incubation periods (e.g. *Vibrio parahaemolyticus*, *V. vulnificus*); and a variety of illnesses caused by the contamination of food by microbial products accumulated in the food chain of fish.
- C. OUTBREAK DEFINITION: An incident in which two or more persons experience a similar illness after ingestion of a common food, and analysis of epidemiologic data implicates the food as the source of the illness.

### II. ACTIONS REQUIRED/PREVENTION MEASURES

A. KENTUCKY DISEASE SURVEILLANCE REQUIRES PRIORITY NOTIFICATION: Report to the local or state health department within one (1) business day of the identification of a case or suspected case.

### B. EPIDEMIOLOGY REPORTS REQUESTED:

1. Kentucky Reportable Disease Form – EPID 200 (Rev. Jan/03). A suggested format for a Foodborne Disease Questionnaire is on page 101.

#### C. PUBLICHEALTHINTERVENTIONS:

- Source investigation by LHD.
- Specific intervention dependent upon etiologic agent.
- Determine if case is outbreak-related and notify the Division of Epidemiology and Health Planning.

## III. CONTACTS FOR CONSULTATION

- A. KENTUCKY DEPARTMENT FOR PUBLIC HEALTH, COMMUNICABLE DISEASE BRANCH: 502-564-3261
- B. KENTUCKY DEPARTMENT FOR PUBLIC HEALTH, FOOD SAFETY AND COSMETIC BRANCH: 502-564-7181
- C. KENTUCKY DEPARTMENT FOR PUBLIC HEALTH, SURVEILLANCE AND HEALTH DATA BRANCH: 502-564-3418

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### IV. RELATED REFERENCES

- Chin, James, ed. FOODBORNE DISEASES. In: Control of Communicable Disease Manual. 17<sup>th</sup> ed. Washington, DC: American Public Health Association, 2000:202-212.
- Pickering, LK, ed. 2000 Red Book: Report of the Committee on Infectious Diseases. 25<sup>th</sup> ed. Elk Grove Village, IL: American Academy of Pediatrics, 2000: See specific foodborne diseases.
- 3. Diagnosis and Management of Foodborne Illnesses: A Primer for Physicians. MMWR 2001; 50(No. RR-2): 1-67.
- 4. Surveillance for Foodborne-Disease Outbreaks United States, 1988-1992. MMWR 1996, 45 (No. SS-5): 1-55.